

COMMON COMPLAINTS

**SIMPLE DIRECTIONS
FOR
THEIR TREATMENT,**

ALSO A LIST OF THE

Principal Homœopathic Medicines, their Uses,
and of the External Remedies, together
with Directions for Accidents.

NINTH EDITION.

Enlarged and Revised.

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HOMŒOPATHY.

COMMON COMPLAINTS

AND

SIMPLE DIRECTIONS FOR THEIR TREATMENT.

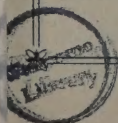
 THIS little guide is issued in the belief that many persons suffer from serious and troublesome complaints, in consequence of neglecting slight ailments that might readily be removed by adopting the following simple directions.

Homœopathic Medicines are prepared in the form of Tincture, Pilules, and Tablets, the doses for an Adult being—

Three Drops of Tincture,
Three Pilules, or
Two Tablets ;

for a Child—

One Drop of Tincture,
One Pilule, or
One Tablet.



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ABSCESS.

If there is severe pain and swelling, or headache—*Belladonna*. When matter begins to form—*Hepar Sulph.* With a copious discharge of thick matter—*Mercurius Sol.* With feverish symptoms, *Aconite* may be taken in alternation with any of the medicines mentioned.

A dose (page 1) every two or three hours.

ACCIDENTS.

(See also pages 45-52.)

BURNS AND SCALDS.—If the injury is slight, hold the affected part to the fire. If severe, the chief thing is to *exclude the air* from the wound, which may be done by covering it with cotton wool saturated with *Cantharis Liniment*, or oil, if the Liniment is not at hand; or thickly powder it with flour, and repeat it when portions fall off. Let the dressing be changed as seldom as possible. If there is feverishness—*Aconitum*.

A dose (page 1) every hour.

CUTS.—A cut should be at once bathed with a lotion of *Tincture of Calendula*, then the edges brought together and strapped with *Calendula Plaster*.

SPRAINS AND STRAINS.—Saturate a piece of linen in a lotion made with *Rhus Tox.* tincture, apply it to the sprain, and cover it with oiled silk. Give the part perfect rest.

Rhus Opodeldoc is the most valuable remedy for Rheumatism, Sprains, Lumbago, Back-ache, Strains, Soreness, Stiffness or Weakness of the Joints, Bodily Pains from Fatigue or Over-exertion, &c. &c. Sold in 1/6 and 2/6 Bottles.

APPETITE, LOSS OF.

When this appears to be the only symptom present—*China*. From sedentary habits, irregular living, deranged stomach—*Nux Vomica*. With tendency to piles—*Sulphur* in alternation with *Nux Vomica*.

A dose (page 1) every three or four hours.

As a strengthening tonic and to promote appetite, a dose of *Quin. Phos. Tonic*, night and morning, will be found most valuable.

ASTHMA.

With tightness of the chest, sickness, rattling of mucus, symptoms often worse at night—*Ipecacuanha*. With short, anxious breathing, oppression of the Chest, great exhaustion—*Arsenicum*. When attacks occur about four o'clock in the morning, or after a heavy meal—*Nux Vomica*.

A dose (page 1) varying from every ten minutes to every three hours, according to the severity of the case

BILIOUSNESS,

Arising from sedentary habits, over-eating

and drinking, with head-ache, nausea, sickness, or accompanied with costiveness—*Nux Vomica* and *Mercurius S.* alternately. From rich food, pastry, and especially in patients of fair complexion—*Pulsatilla*. With nausea, giddiness, bitter taste and rising, tendency to purging—*Podophyllum*.

A dose (page 1) every one, two, or three hours.

BOILS.

The pain is relieved, and, if small, mostly cured by *Arnica*. If very red and inflamed *Belladonna*. When the pain becomes throbbing—*Hepar. Sulph.* If the boil is succeeded by others—*Crotalus*.

A dose (page 1) every three or four hours.

To prevent a return of the complaint, take *Sulphur* night and morning for a week.

LOCAL.—Hot bread or linseed poultices should be applied.

BRONCHITIS.

An inflammation of the mucous membrane of the Bronchial Tubes. Its symptoms are fever, hoarseness, continual distressing cough, with constant tickling in the throat which forces the patient to cough.

Aconitum given every hour, and then *Phosphorus* every two or three hours, or if the cough be hard, alternate *Bryonia* and *Phosphorus*.

CHILBLAINS.

If unbroken, use *Liniment of Agaricus Muscarius*, and take *Agaricus* internally.

If broken and ulcerated, apply a rag soaked in *Calendula Liniment*, or *Calendula Cerate* on a piece of lint, and take a dose of *Arsenicum* (page 1) three times a day.

Those who annually suffer should take a dose of *Sulphur* night and morning for a week as soon as cold weather sets in.

COLD in the HEAD, INFLUENZA.

As soon as any chilliness is felt, a few doses of the *Homœopathic Solution of Camphor* or *Camphor Pills* will frequently terminate it. With feverish symptoms, chills followed by heats—*Aconitum*. With copious thin discharge, excoriation of the parts, loss of strength—*Arsenicum*. With frequent sneezing, discharge from the nose, perspiration—*Mercurius*. With loss of taste and smell, offensive discharge from the nose—*Pulsatilla*. With stuffiness in the head, head-ache—*Nux Vomica*. From exposure to wet—*Dulcamara*. Liability to take cold—*Natrum Mur*.

A dose (page 1) every one or two hours.

The use of *Catarrh-Inhalant* in the early stage will often entirely stop a cold.

NOTE.—Put the feet in hot water until per-

spiration is caused on the forehead ; drink a tumbler of cold water when in bed, and let the patient be well covered with bed-clothes.

RUSSIAN INFLUENZA.

SYMPTOMS.—Severe prostration, with pains in head, back, and limbs ; if not checked, attacking lungs and air passages. *Bryonia* and *Gelsemium* given every hour alternately in the early stage will generally check it. If not, a Homœopathic Physician should be consulted.

Quin-Phos Tonic has proved itself a specific for Russian Influenza.

AS A PREVENTIVE.—Six drops of *Quin-Phos* in half a wine-glassful of water should be taken night and morning by everyone in a district where the Influenza has appeared.

AS A CURE.—Six drops of *Quin-Phos* every hour, in half a wine-glassful of water ; children half the quantity.

To be continued night and morning as a tonic, until the strength is completely restored.

CONSTIPATION.

With indigestion, head-ache, ineffectual straining, tendency to piles, from sedentary life, abuse of intoxicating liquors—*Nux Vomica*. With disordered stomach, head-ache, especially in summer ; and in persons subject to Rheumatism—*Bryonia* and *Nux*

Vomica in alternation. With Drowsiness, oppressive head-ache, and in aged persons—*Opium*. Habitual constipation with tendency to piles—*Nux Vomica* and *Sulphur* in alternation. Obstinate—*Lycopodium*. With colic and tendency to paralysis—*Plumbum*. When it seems the cause of other ailments—*Hydrastin*. When occurring in children or old people—*Podophyllum*.

A dose (page 1) three or four times a day.

NOTE.—Drink a tumbler of cold water every morning on rising ; take daily exercise, light and digestible food ; fruits and vegetables in moderation ; brown bread may be used with advantage. A “stomach compress” is generally of great service.

CORNS.

By a few applications of *Corn and Wart Remover* corns, warts, and bunions, are usually entirely cured and removed.

Soft Corns can be removed by *Tincture of Arnica*.

COUGH.

A cough should never be neglected, as it often terminates in some more serious and complicated complaint.

Hard, dry cough, with tickling in the throat, or stitches in the chest—*Aconite* and *Bryonia* alternately. Convulsive, hard, dry

cough, worst at night, with sore throat—*Belladonna*. Moist cough, arising from exposure to wet—*Dulcamara*. With profuse and easy expectoration—*Antim Tart*. With indigestion—*Nux Vomica*. With hoarseness, loss of voice, rusty-coloured expectoration, consumptive coughs—*Phosphorus*. In children during teething—*Chamomilla*. After eruptions—*Sulphur*.

A dose (page 1) every two or three hours.

CRAMPS.

Cramps in the arms, legs, or stomach—*Homœopathic Tincture of Camphor*—a few doses on sugar every five minutes. Cramps in the calves or bowels—*Veratrum Album*.

CROUP.

This is the most dangerous complaint of young children, and a moment should not be lost in seeking medical aid.—Give *Aconite* and *Spongia* at once.

A dose (page 1) alternately every ten minutes until relief be obtained.

DIARRHŒA (Bowel Complaint).

At the outset, with shivering coldness, cramps—*Homœopathic Solution of Camphor*. With cutting, griping pains, cramps—*Veratrum*. With heat internally, coldness of the

body, great prostration—*Arsenicum*. With griping, straining, greenish, bilious, slimy, or bloody motions—*Mercurius Cor.* With bilious vomiting—*Bryonia* in alternation with *Mercurius*. In the summer or in the night, painless—*China*. With watery or slimy motions, especially for children—*Chamomilla*. From indigestion, pastry, or rich food—*Pulsatilla*. From cold, especially in the summer or autumn—*Dulcamara*. Summer and autumnal diarrhœa—*Iris*. Chronic, with soft and thin stools, especially in nervous subjects and delicate children—*Phosphorus*.

A dose (page I) every fifteen to sixty minutes.

EAR-ACHE.

With hot, dry skin—*Aconite*. With tearing pains in the ear, redness, swelling—*Pulsatilla*. With extreme sensitiveness and irritability—*Chamomilla*. With pain extending to the cheeks, discharge of matter—*Mercurius*.

A dose (page I) every three hours.

NOTE.—Hot fomentations and poultices, and cotton wool saturated with *Belladonna* ϕ , and placed in the ear are useful measures.

ERYSIPELAS.

With shining redness and tenderness of the skin, swelling of the part, head-ache, thirst,

and before blisters appear — *Belladonna*, which may often be alternated with *Aconite*. If blisters appear, with swelling, shining redness of the parts — *Rhus Tox*, and then apply powdered starch over the surface.

A dose (page 1) every three or four hours.

NOTE.—While taking the medicine, apply *Glycerole of Veratrum Viride* to the part affected three times a day.

EYES and EYELIDS.

In common inflammation of the eyes, with redness, itching, pain, and sensitiveness to light — *Aconitum* and *Belladonna* may be taken alternately, and will generally suffice. For aching in the eyeballs — *Cimicifuga*. Styes — *Pulsatilla*.

Sulphur will be of service when the inflammation has subsided.

Inflammation of the eyelids is generally accompanied by fever and pain; *Pulsatilla*, if given early, will generally effect a cure. *Aconitum* should be given if the fever and irritation is troublesome.

Eyebright Lotion may be applied externally with most beneficial results.

FACE-ACHE, or NEURALGIA.

This distressing affection is often very obstinate. *Aconite* is indicated where exposure to cold is the cause.

Arsenicum will frequently give immediate relief. *Spigelia* is also of very great service. Almost all cases will be cured or relieved by *Gelsemium*, doses frequently repeated.

Nerve Liniment is an effective application for head-ache, neuralgia, tic-doloreux, tooth-ache, sciatica, and all kinds of nerve pains.

Quin-Phos Tonic should be taken night and morning, both as a preventive and for the relief of all neuralgic affections.

FAINTING.

(See page 47.)

GUMBOIL.

This troublesome little tumour is generally contiguous to a decayed tooth, and caused by it. When the pain is acute and accompanied with feverishness—*Aconite* and *Belladonna* alternately. When the boil is hard and painful—*Mercurius S.* If suppuration has commenced, and there is throbbing—*Hepar. Sulph.*

A dose (page 1) every three or four hours.

HAY-FEVER.

This periodical disorder, affecting certain susceptible persons, is probably caused by the pollen grains of particular plants and

grasses settling on the mucous membrane and causing irritation, resulting in sneezing, running of the nose, and irritation of the forehead, nose, eyes, ears, and throat, with depression and general debility.

As a preventive, *Anthoxanthum* administered as a spray is very efficacious. *Chinin*. *Arsenic*. one tablet, three times a day, during an attack, will greatly modify and often cure it.

HEAD-ACHE.

With fulness, giddiness, and heaviness on the forehead and over the eyes, throbbing in the temples ; also when increased by light and noise—*Belladonna*. With pains on one side of the head, worse on movement, constipation, rheumatic head-ache—*Bryonia*. With disordered digestion, giddiness, pain over the eyes, or when caused by sedentary habits, or stimulants—*Nux Vomica*. With vomiting of food and bilious matter—*Ipecacuanha*. From eating rich food, nausea, or vomiting, heaviness in the head, for women—*Pulsatilla*. Violent stupefying compressive pains—*Aconitum*. Nervous, one-sided, with pain as if a nail were driven into the head—*Ignatia*. Sick head-ache—*Iris*. Maddening pain with throbbing in the head—*Glonoine*.

A dose (page 1) from every half hour to every two hours.

HEARTBURN.

(See also Indigestion.)

With acid, bitter, or putrid taste—*Pulsatilla*. With risings after eating—*Bryonia*.
A dose (page 1) every two hours.

HOARSENESS, or LOSS OF VOICE.

With rawness of the throat—*Belladonna*. With roughness, dryness, or inflammation of the throat—*Phytolacca*. With thick nasal discharge and severe cold in the head—*Mercurius*. For patients with a consumptive tendency—*Phosphorus*. Chronic hoarseness, loss of voice, and wheezing breathing—*Hepar. Sulph.*

HOOPING COUGH.

It generally commences as a common cold or cough (which consult), the prompt attention to which will often prevent its development. In the early stage when the cough is violent, convulsive, and suffocative—*Belladonna* and *Ipecacuanha* alternately. When the cough is loud and hoarse, with marked hooping sound—*Drosera*. Should there be feverish symptoms, *Aconite* should be alternated with one of the remedies, according to symptoms.

A dose (page 1) every two hours or during a paroxysm.

INDIGESTION & FLATULENCE.

With pressure on the stomach, bitter risings, costiveness, or tendency to piles ; from sedentary habits, or excess of eating or drinking—*Nux Vomica*. With aversion to food, costiveness, irritable temper in bilious or rheumatic persons, in summer or damp weather—*Bryonia*. Indigestion of women, or persons of a mild disposition, or caused by eating rich foods, with diarrhœa—*Pulsatilla*. With unpleasant taste in the morning, desire for cool things—*Mercurius*. With sickness or feeling of emptiness shortly after meals—*Ipecacuanha*. With flatulence—*Carbo. Veg.* Chronic—*Hepar. Sulph.*

A dose (page 1) four times a day.

Indigestion Tablets will be found most effective in all troubles of the digestive organs.

NOTE.—Rise early, take daily exercise, plain and wholesome diet, and avoid excess in eating and drinking. In chronic cases, a tea-spoonful of *Prepared Charcoal* in a tumbler of water night and morning will be found of great benefit.

LIVER—INACTION OF.

Dr. Morgan, in his work on the “Derangements of the Stomach and Liver,” speaking of *Podophyllum*, says : “I know of no medi-

cine within the wide range of either the Allopathic or Homœopathic *Materia Medica*, that exercises so direct and beneficial an influence over a *torpid condition of the liver* as this drug. It has in my hands proved to be the veritable blue pill of the vegetable world, effecting in a few days what it would take weeks to accomplish with the allopathic drugging system, and that without subjecting the patient to the injurious effects of the latter."

DIRECTIONS.—*For Biliousness, Heart-burn, and Acid Risings.*—Take five drops of *Podophyllum* in a table-spoonful of water every two or three hours until relief is obtained, then less frequently.

For Constipation.—Take five drops of *Podophyllum* in a wine-glassful of water night and morning.

For Inaction of the Liver, and as preventive against Bilious attacks.—Five drops of *Podophyllum* should be taken in a wine-glassful of water once or twice a week, just before going to bed.

LUMBAGO—Pains in the Loins.

Rheumatism of the muscles of the back, on one or both sides of the loins, the pains being increased by movements of the back.

Aconitum.—Sudden and acute cases, especially in alternation with *Rhus Tox.*

Rhus Tox.—Chronic Lumbago ; pains worse during repose and at night, and when the disease has arisen from getting wet.

Bryonia.—Intense pain, causing the patient to walk stooping, increased by movement or a draught of air, with shivering or biliousness.

LOCAL.—*Rhus Opodeldoc*, well rubbed into the parts, is very useful.

MEASLES.

For two or three days before the attack there are symptoms of a common cold, and afterwards the eruption appears on the face and neck, and soon over the body, in the form of small pimples, which multiply and coalesce into blotches. Fever at the outset and during the progress of the disease—*Aconitum*. *Gelsemium* aids in developing the eruption. *Pulsatilla* is almost specific in all cases of the malady. Severe head-ache or delirium—*Belladonna*.

A dose (page 1) every two, three, or four hours.

MUMPS.

Mercurius Sol. a dose every two hours, is usually all that is required, or in alternation with *Belladonna* if the pain is very severe. *Pulsatilla*, if other parts than the neck and throat are affected.

NERVOUSNESS, DEPRESSION OF SPIRITS, &c.

A dose (five drops) of *Quin-Phos Tonic* night and morning will be found invaluable in all cases of nervousness, depression of spirits, &c.

PILES

Are generally accompanied with constipation, for which take *Nux Vomica* and *Sulphur* alternately. Bleeding piles, burning pain, with pain across the back—*Hamamelis V.* Chronic cases, with constipation—*Æsculus*.

A dose (page 1) every three hours.

LOCAL.—*Hamamelis Cerate* or *Hamelis Suppositories* used locally will relieve the pain and inconvenience of piles.

PIMPLES and SPOTS ON THE SKIN.

Small red spots or eruptions on the face or other parts—*Arnica* and *Sulphur* to be taken alternately four times a day.

Sulphur Tonic for the Skin is a fragrant application for all roughness or redness of the skin, clearing away spots, or other blemishes, and imparting a natural healthy bloom.

RHEUMATISM.

SYMPTOMS.—Pains and stiffness, feverishness, sour sweat, inflammation, with swelling of the affected parts.

At the commencement, with feverishness—*Aconitum*. With pain, especially in the muscles, worse on movement, bilious symptoms, constipation—*Bryonia*. With pain, worse during rest, or on first moving—*Rhus Tox* (or *Bryonia* and *Rhus* alternately). With swelling, copious perspiration, and worse at night—*Mercurius Sol.* With wandering pains—*Pulsatilla*.

A dose (page 1) every one, two, or three hours, according to severity.

NOTE.—Flannel should be worn. Rub *Rhus Opodeldoc* into the affected parts. The hot bath is often of great service.

SCARLATINA, or Scarlet Fever.

This disease should always be under the care of a Homœopathic Physician, as the mildest forms, neglected, have often led to the worst results.

PREVENTION.—During the prevalence of Scarlatina, it is of the utmost importance that a dose of *Belladonna* should be given morning and night to all in the vicinity of the disease. The first dilution, or the strong tincture, is the best for this purpose. Should the disease occur notwithstanding this treatment, its severity will be much mitigated.

SCIATICA.

Pain in the region of the hip joint, which

frequently extends to the knee and foot, following the course of the sciatic nerve.

Arsenicum is useful where severe pains and great restlessness are present.

Colocynth is also a very important remedy.

A dose (page 1) every hour during an attack.

SEA SICKNESS.

The most useful remedy in this distressing and painful sickness is *Petroleum*—a dose every hour.

A dose of *Nux Vomica* taken six or eight hours before embarking, will often ward off an attack.

Cocculus is generally successful when other remedies fail, and is particularly indicated if accompanied with swimming sensation in the head.

SLEEPLESSNESS.

Disposition to wakefulness—*Gelsemium*.
From over-active brain—*Hyoscyamus*. In
old people with restlessness—*Coffea*.

A dose (page 1) every hour.

SORE THROAT.

At the beginning with feverishness, thirst, heat, pricking in the throat—*Aconitum*.
With dryness and redness, difficulty of swallowing, flow of saliva, swollen or ulcera-

ted tonsils, take *Mercurius S.* and *Belladonna* alternately. Chronic with hoarseness—*Hepar Sulph.* Putrid sore throat, with great prostration of strength—*Arsenicum*. Relaxed (Clergyman's)—*Phosphorus* or *Kali Bichrom.*

A dose (page 1) every two or three hours.

NOTE.—Apply a cold water bandage (Throat Compresses specially made for the purpose) to the throat, covered with oiled silk, at bed-time, and keep it on until the morning. Then sluice the throat with cold water, and apply moderate friction. Gargle the throat with *Dentifrice Water*.

SPASMS.

With contracting, pressing, and spasmodic pains, constipation—*Nux Vomica*. For spasms relieved by belching of wind—*Cocculus*. Pains worse at night, great anguish, momentary mitigation by drinking coffee; of children—*Chamomilla*.

A dose (page 1) may be given every half hour to every two hours, according to their severity.

NOTE.—A warm wet bandage round the stomach will hasten the cure.

STINGS OF INSECTS.

(See page 52.)

STYE ON THE EYE.

Pulsatilla every three hours while it lasts, or with an occasional dose of *Aconite*, if much inflammation exists. *Sulphur* should afterwards be taken night and morning, to avoid recurrence.

TEETHING.

Teething time is always a trying one for children of weakly constitution.

Chamomilla will be found one of the most effective medicines.

Aconite and *Belladonna* alternately, if the child is restless, the gums swollen and painful.

A dose (page 1) every three hours.

TOOTH-ACHE.

CAUSES.—Decayed teeth, indigestion, sudden changes of temperature, rheumatism.

Tooth-ache from decayed teeth, with pains in the side of the head and face, worse in bed, flow of saliva, rheumatic tooth-ache—*Mercurius*. With throbbing pains, hot face; worse at night, or in the open air, or by eating—*Belladonna*. Neuralgic—*Aconitum Rad.*, applied externally to the course of the nerve. From a cold or chill, violent shooting almost unbearable, worst from warmth; children's tooth-ache—*Chamomilla*. From indigestion

—*Nux Vomica*. During pregnancy, in nervous women—*Pulsatilla*. Rheumatic, worse from warmth—*Bryonia*.

A dose (page 2) from every half hour to every two hours according to its severity.

Nerve Liniment is an effective application for tooth-ache and all kinds of nerve pains.

NOTE.—*Dentifrice Water* used with the tooth-brush every morning, is the very best preserver of the teeth and gums.

WARTS.

Paint each wart with *Corn and Wart Remover* daily; at the same time *Thuya* should be taken internally twice a day.

WEAKNESS and DEBILITY.

A dose of *Quin-Phos Tonic* (five to eight drops) at rising, noon, and bed-time, will impart strength and tone, and so restore the system to its normal condition.

WORMS.

Their presence is indicated by a pale face, livid circles round the eyes, picking of the nose, irregular appetite, starting and grinding of the teeth in sleep—*Aconite* and *Cina* alternately. In *Worm Diarrhœa*, hardness of the abdomen, unusual flow of saliva—*Mercurius S.*

PRINCIPAL USES OF THE MORE COMMON HOMŒOPATHIC MEDICINES.

*Designed to aid in the Selection of
medicine chests.*

ACIDUM NITRICUM. (*Nitric Acid.*)

PRINCIPAL USES.—Chronic diseases of the liver ; fistula, and fissured condition of the anus ; bleeding piles ; chronic leucorrhœa ; in diseases of those parts near which the skin and mucous membranes become merged into each other, viz., mouth, throat, nose, larynx or upper portion of the windpipe, anus, &c. ; scrofulous and syphilitic affections, especially in the cases of those patients who have taken much mercury ; dry cough proceeding from the larynx ; ulcerated throat, salivation (also locally as a gargle or mouth wash).

ACIDUM PHOSPHORICUM.

(*Phosphoric Acid.*)

PRINCIPAL USES.—Disorders of the nervous system, with debility ; brain fag from excessive mental application, grief ; drain on the system or excesses ; chronic painless diarrhœa ; colliquative sweats of phthisis pulmonalis ; spinal weakness with frequent

and copious urination ; falling off of the hair from debility ; scrofulous caries of bones ; diabetes when originating in the nervous system ; debility of the male sexual organs ; frequent seminal emissions and dragging pains in the testes.

ACONITUM NAPELLUS.

(Monk's Hood.)

PRINCIPAL USES.—All feverish and inflammatory affections, especially at their commencement ; to reduce the force and frequency of the pulse ; feverish colds and the first stages of acute bronchitis, pneumonia, rheumatism, rheumatic fever, neuralgia (from cold), gout, catarrhal, inflammatory, and simple fevers, measles, croup, chicken pox, and scarlatina ; congestions, teething disorders, red gum, &c. It is indicated by the following symptoms, viz., hot, dry skin, with thirst ; shivering and chills, followed by burning heat ; strong, rapid pulse ; restlessness, flushing of the face, anxiety ; quick and laboured breathing ; hot, scanty, and high-coloured urine.

ANTIMONIUM TARTARICUM.

(Tartar Emetic.)

PRINCIPAL USES.—Affections of the mucous membrane, the lungs, and skin ; catarrhal inflammation beginning in the throat and extending to the bronchial tubes

and the lung tissues. Bronchitis, pneumonia (later stage), coughs of children and aged persons attended with *rattling breathing* where there is much mucus and inability to expel it ; chronic cough, with profuse and easy expectoration of mucus, with much yawning. Pustular eruptions of the skin ; smallpox.

ARNICA MONTANA.

(*Leopard's Bane.*)

PRINCIPAL USES.—Affections resulting from mechanical injuries, falls, fatigue, over-lifting, straining, severe shocks, such as occur in railway accidents or in the hunting field ; concussion of the brain ; bruises, sprains, strains, corns and bunions, chilblains (unbroken), wounds, after-pains, sore nipples ; spitting of blood (from violence or over-exertion).

ARSENICUM ALBUM.

(*White Arsenic.*)

PRINCIPAL USES.—Cold in the head, with swelling, stoppage, or burning of the nose, with thin acrid discharge ; influenza, asthma, wheezing breathing ; heart diseases ; diarrhœa, with watery burning motions of a green or dark colour, and sometimes with vomiting ; cholera ; diseases of the stomach and bowels when accompanied by *great prostration* and *burning* pains ; skin diseases, such as chronic nettle-rash, eczema, acne

(pimples), prurigo (itching irritation); eruptions about the mouth and other parts attended with burning and the discharge of a thin watery fluid; intermittent, typhoid, and putrid fevers; ophthalmia, with burning pains; diseases characterized by *depressed* and *exhausted vitality*, as in persons debilitated by excesses; dropsical complaints; old and obstinate ulcers; Bright's disease of the kidneys, wasting of children, neuralgia, St. Vitus' dance.

BAPTISIA. (*Wild Indigo.*)

PRINCIPAL USES.—Gastric, enteric, or typhoid fever, when, if given early, it will frequently produce copious perspiration and shorten the attack; later in that disease it will be found useful alternately with *Arsenicum*; the milder forms of diphtheritic throat alternately with *Belladonna*; chronic dyspepsia when there is a sinking sensation at the pit of the stomach.

BELLADONNA, Atropa Belladonna. (*Deadly Nightshade.*)

PRINCIPAL USES.—Inflammatory diseases characterised by *bright redness* of the parts, intolerance of light and sound, and other brain symptoms; congestion, sore throat, with redness and sense of rawness; tooth-ache and neuralgia, with throbbing and redness of the face; convulsions; delirium, violent head-ache, especially frontal, with

noises in the head, enlarged pupils and throbbing ; giddiness ; threatened apoplexy ; erysipelas (of a bright red colour) ; mumps ; quinsy ; hoarseness ; loss of voice ; whooping cough ; violent dry cough, with tickling in the throat, worse at night ; eruptive fevers, especially simple scarlatina ; sleeplessness and restlessness ; inflamed eyes and breasts ; involuntary escape of urine at night in children.

BRYONIA ALBA. (*White Bryony.*)

PRINCIPAL USES.—In bronchitis, pneumonia, pleurisy, cold on the chest, with *stitches* and shooting pains, increased by coughing, a deep inspiration, or even movement ; dry cough, with a sensation of tickling under the breast bone ; rheumatism of the joints and muscles, especially when the *pain is aggravated by movement* ; lumbago, sciatica, rheumatic fever, jaundice, bilious head-aches, bilious vomiting, heartburn, water-brash, bitter or sour risings ; gastric pains coming on whilst eating ; constipation from torpor of the bowels. Depression of spirits and an irritable temper are additional indications for *Bryonia*.

CALCAREA CARBONICA.

(*Carbonate of Lime.*)

PRINCIPAL USES.—Affections of a scrofulous, tuberculous, or rickety nature ; and other affections depending on defective

digestion and assimilation, with debility and loss of flesh, especially in children ; delayed or difficult dentition ; glandular swellings ; chronic inflammation of the eyes, with agglutination of the lids ; deafness, with snapping and roaring in the ear, especially when chronic ; chronic diarrhœa ; diseases of women and children ; constitutional tendency to corns and warts ; acid dyspepsia ; head perspiration at night.

CANTHARIS. (*Spanish Fly.*)

PRINCIPAL USES.—In affections of the urinary organs ; pain in the loins ; scalding or bloody urine ; inflammation of the bladder and kidneys ; strangury and retention of urine ; externally, for burns and scalds.

CARBO VEGETABILIS.

(*Vegetable Charcoal.*)

PRINCIPAL USES.—Derangement of the digestive organs ; flatulent distension of the stomach and abdomen, with acidity, heart-burn, or water-brash ; burning and contractive pain and emission of *fœtid flatulence* ; offensive breath ; tendency to diarrhœa ; piles ; tooth-ache, with spongy or ulcerated gums ; hoarseness or loss of voice from speaking too much ; Asiatic cholera, during the stage of collapse ; unhealthy, burning, and fœtid ulcers. *Carbo. Veg.* counteracts many of the evil effects of mercury and quinine.

CHAMOMILLA, *Matricaria Chamomilla.* (*Matricary.*)

PRINCIPAL USES.—Diseases of infants and children, especially those incidental to teething, such as convulsions, diarrhœa, with green or yellow, slimy or watery motions, preceded by cutting pains, difficult dentition, when one of the cheeks is hot and red, with irritability of temper and restlessness, swollen gums and feverishness ; rash ; earache, toothache from indigestion, worse after eating and taking warm drinks ; neuralgia, with tearing, dragging, and lancinating pains, which seem intolerable owing to extreme sensitiveness of the patient ; nervous excitement and the effects of anger ; biliary disorders ; cramp in the legs during pregnancy ; painful menstruation.

CHINA OFFICINALIS.

(*Peruvian Bark.*)

PRINCIPAL USES.—Debility, with easily provoked perspiration, particularly when the causes are loss of blood, diarrhœa, sexual excesses, prolonged nursing, loss of any of the animal fluids, fatigue, broken rest, fevers, purgatives, or mercury. It is also useful in dyspepsia, want of appetite, flatulence, painless diarrhœa, brow ache, intermittent and remittent fevers, periodical headache with noises in the head and pressure at the top of the head, neuralgia from debility, and night-sweats.

CHININUM. (*Quinine.*)

PRINCIPAL USES.—Intermittent fever ; neuralgia of the brow when arising from malaria ; deafness, with noises in the ears ; disorder of vision ; fulness in and weight on the head ; giddiness, and at times, bleeding from the nose. Several varieties of this medicine are used.

CIMICIFUGA RACEMOSA.

(*Black Snake Root.*)

PRINCIPAL USES.—Rheumatic, nervous, and uterine affections ; pain in the side, loins, and neck ; subacute inflammation of the joints, especially when associated with uterine affections, pains being worse at night and in rough, windy weather ; affections of the heart resulting from rheumatism ; painful menstruation, with either copious dark or scant discharge ; nervousness, depression, cramps, and other ailments of pregnancy ; sinking sensation at the pit of the stomach ; headaches at the change of life.

CINA ANTHELMINTICA.

(*Worm Seed.*)

PRINCIPAL USES.—Affections of the intestines which give rise to thread worms, and are usually accompanied by some of the following symptoms, viz., pale face, dark semicircles under the eyes, emaciation,

itching and picking of the nose, grinding the teeth and starting during sleep, voracious appetite varying with the opposite condition, itching at the seat, diarrhœa, cutting pains in the abdomen, wetting the bed, hoarse hollow cough, convulsions or twitching of various parts of the body, and bloated abdomen.

COCCULUS INDICUS.

(*Indian Berries.*)

PRINCIPAL USES.—Sickness or giddiness occasioned by motion (as by travelling in a carriage); sea sickness; menstrual colic; spasms of the abdomen of a nervous origin; constipation; nausea. Excessive irritability, sensitiveness, and apprehensive fears are indications for the use of *Cocculus*.

COFFEA CRUDA. (*Raw Coffee.*)

PRINCIPAL USES.—In affections of the nervous system, such as morbid sensitiveness and irritability; sleeplessness; wakefulness of children; nervous headache or toothache; nervous disorders of hysterical women or excitable children.

COLCHICUM AUTUMNALE.

(*Meadow Saffron.*)

PRINCIPAL USES.—Gout, and gouty affections.

COLOCYNTHIS. (*Bitter Cucumber.*)

PRINCIPAL USES.—Flatulent colic with diarrhoea; facial neuralgia, chiefly on the left side, with headache and toothache; sciatica.

CROCUS SATIVUS. (*Saffron.*)

PRINCIPAL USES.—In profuse menstruation, when the discharge is dark and clotted.

CUPRUM. (*Copper.*)

PRINCIPAL USES.—Cramps and convulsive movements; the cramps and vomiting of cholera; St. Vitus's dance; epilepsy, with violent convulsions; whooping cough.

DIGITALIS PURPUREA.

(*Purple Foxglove.*)

PRINCIPAL USES.—Disease of the muscular tissue of the heart; weakness of the heart (with intermittent pulse) and feeble circulation; dropsy.

DROSERA ROTUNDIFOLIA.

(*Round-leaved Sundew.*)

PRINCIPAL USES.—Whooping cough of a suffocating nature, sometimes attended by bleeding from the nose; dry, spasmodic cough, with a feeling of suffocation; cough followed by vomiting; hoarseness.

DULCAMARA, *Solanum Dulcamara.* (*Bitter Sweet.*)

PRINCIPAL USES.—Various affections arising from *damp* or a thorough wetting, such as cough or cold in the head, sore throat, elongated uvula, stiff neck, nettle rash, diarrhœa, &c. It should be taken as a preventive after exposure to damp.

FERRUM. (*Iron.*)

PRINCIPAL USES.—Anæmia (watery blood); chlorosis (morning sickness); spitting of blood; headache from debility; irritability of the bladder and urethra; profuse menstruation; chronic diarrhœa, and general debility.

GELSEMIUM SEMPERVIRENS. (*American Yellow Jessamine.*)

PRINCIPAL USES.—Facial neuralgia, with twitchings of the muscles, especially on the left side; congestive headaches, with giddiness; the head symptoms of heart disease; inflammation of the brain and spinal cord; loss of voice from catarrh; spasmodic menstrual pains; simple scarlatina of children; spasmodic croup, with cerebral symptoms; infantile remittent fever; measles; loss of muscular power arising from nervous affections; weakness of sight from over exertion; double vision; excessive action of the heart, with great palpitation and some cases of local paralysis.

GLONOINE. (*Nitro-glycerine.*)

PRINCIPAL USES.—Severe throbbing, congestive headache, with palpitation of the heart, and at times nausea and vomiting ; especially useful for the headaches to which females are subject at the change of life ; headaches arising from heat, sunstroke ; angina pectoris, or breast pang.

HAMAMELIS VIRGINICA.

(*Virginian Witch Hazel.*)

PRINCIPAL USES.—Varicose veins ; inflammation of the veins ; venous hæmorrhage ; bleeding piles ; tendency to bleeding from various internal organs, such as the lungs, stomach, kidneys, bowels, &c., when the blood is dark (venous) ; chilblains ; copious dark menstruation, with pain.

HEPAR SULPH. CALC.

(*Sulphide of Calcium.*)

PRINCIPAL USES.—Affections of the skin, glands, respiratory mucous membranes, and larynx ; croup ; hoarseness ; wheezing breathing ; loss of voice ; scald head ; abscesses ; boils ; enlarged glands of a scrofulous nature ; scrofulous ophthalmia ; chronic loose cough ; gumboil ; whitlow. It is antidotal to the effects of mercury, and facilitates suppuration.

HYDRASTIS. (*Golden Seal.*)

PRINCIPAL USES.—Diseases of the mucous membrane, glands, and skin; discharges from the nose and ears of long standing; aphthous ulcers in the mouth and throat; indigestion; constipation; an ulcerated or fissured condition of the anus (internally and locally); gleet and leucorrhœa, used locally; tumours of the breast of a quasi malignant character, also locally.

HYOSCYAMUS NIGER.

(*Henbane.*)

PRINCIPAL USES.—Functional diseases of the brain and nervous system; spasmodic night cough, relieved by sitting up; sleeplessness; squinting or stammering of children.

IGNATIA AMARA.

(*St. Ignatius' Bean.*)

PRINCIPAL USES.—Consequences of grief, especially in persons of a hysterical disposition; nervous head-ache; hysteria; hypochondriasis (blues); sensation of a ball rising in the throat; results of fright, fainting, disappointment, &c.; digestive disorder; head-ache, with sensation as if a nail were being driven into the brain; weight at the back of the head; premature and profuse menstruation; constipation, with frequent urging to stool and with flatulence.

IODIUM. (*Iodine.*)

PRINCIPAL USES.—Scrofulous affections of the glands ; goitre ; inflammatory croup when membrane forms, and should then be used internally and locally by inhalation ; chronic laryngitis ; hydrocele (also locally).

IPECACUANHA.

(*Ipecacuanha Root.*)

PRINCIPAL USES.—Diseases of the respiratory organs ; asthma ; whooping cough ; spasmodic cough, with tickling in the throat, rattling breathing, and sometimes nausea, vomiting, bleeding from the nose, or bloody expectoration ; spasmodic asthma ; hay fever ; stomach derangement, with nausea and vomiting, sometimes accompanied by diarrhœa ; copious menstruation with nausea ; morning sickness ; dysentery ; dysenteric diarrhœa of children ; bilious head-ache.

IRIS VERSICOLOR. (*Blue Flag.*)

PRINCIPAL USES.—Sick head-ache, with nausea and vomiting of bilious matters ; diarrhœa ; English cholera.

KALI BICHROMICUM.

(*Bichromate of Potash.*)

PRINCIPAL USES.—Affections of the mucous membranes and skin ; chronic bronchitis, with difficult expectoration of tough

stringy mucus ; cough, accompanied by digestive disorder, with wheezing breathing and expectoration of stringy mucus ; croup ; hoarseness : polypus of the nose ; ophthalmia of a strumous origin ; chronic ulceration of the throat ; papular eruptions ; ulcers of the legs of a syphilitic character ; chronic indigestion, with heartburn and yellowish thickly-coated tongue ; constipation, and light-coloured stools.

KALI IODIDUM.

(Iodide of Potassium.)

PRINCIPAL USES. — Syphilitic affections (tertiary and secondary) ; chronic rheumatism ; catarrhal affections of nose, larynx, trachea, and bronchial tubes ; asthma ; common cold in the head, with watery discharge ; the syphilitic and rheumatic pains which would call for this drug are always worse at night.

LYCOPODIUM CLAVATUM.

(Club Moss.)

PRINCIPAL USES. — Scald head ; moist eruptions ; falling off of the hair ; glandular swellings ; chronic bronchial catarrh ; indigestion, flatulence in the bowels, waterbrash, acidity, heartburn, chronic congestion of the liver ; mental and physical debility ; urinary complaints, such as frequent urging to empty

the bladder with painful excretions ; reddish deposits and gravel in the urine ; chronic constipation ; scrofulous ulcers.

MERCURIUS SOLUBILIS.

(*Hahnemann's Soluble Mercury.*)

PRINCIPAL USES. — Glandular swellings, sometimes suppurating ; mumps ; sore throat, with swelling or ulceration ; spontaneous salivation ; swollen face ; tooth-ache from decayed teeth ; ear-ache ; discharge from the ears ; deafness from cold ; canker of the mouth ; thrush ; cold in the head, with head-ache and sense of tightness, and discharge from the nose and eyes ; gumboil ; ophthalmia ; torpid liver, with deficient secretion of bile ; pale and foetid motions ; jaundice ; bilious diarrhœa ; syphilitic ulcers ; and other syphilitic affections ; suppression of urine ; eczema rubrum ; rheumatism.

MERCURIUS CORROSIVUS.

(*Corrosive Sublimate.*)

PRINCIPAL USES. — In all the affections described under the heading Mercurius : but especially in dysentery with painful straining, burning pains, and discharge of blood and mucus.

NUX VOMICA. (*Poison Nut.*)

PRINCIPAL USES. — Affections of the digestive organs arising from a depressed

condition of the nervous system, especially when resulting from excessive study or brain work, anxiety and business cares, night watching, sedentary habits, too little outdoor exercise, indulgence at table, abuse of stimulants, tobacco, or coffee, and other excesses. Indigestion, constipation, biliousness; diarrhœa alternating with constipation; colic; flatulence; heartburn; water-brash; head-ache, with giddiness; the after-effects of intoxication; piles; stomach cough; sea-sickness; nightmare; dry coryza; spasmodic asthma; spasms of various kinds: cramps in the lower limbs; strangury (difficult urination); incontinence of urine from paralysis of the bladder; sleeplessness in the early morning. *Nux* is especially suitable to persons of spare habit, firm fibre, irritable disposition, and dark complexion.

OPIUM, *Papaver somniferum*.

(*White Poppy*.)

PRINCIPAL USES.—Obstinate constipation, with torpor of the bowels; apoplexy; effects of fright or sudden emotion; delirium tremens; convulsions of children from fright; typhus and typhoid fevers; general torpidity; retention of urine.

PHOSPHORUS.

PRINCIPAL USES.—Chest affections; nervous and physical weakness from loss of

animal fluids ; neuralgic affections ; chronic bronchitis ; pneumonia ; cough, either dry or with expectoration of mucus or blood, and usually worse at night ; hoarseness ; loss of voice ; consumption ; diarrhœa ; fatty degeneration in any part ; chronic inflammation of the stomach and bowels ; liver affections ; seminal emissions ; scanty menstruation ; night sweats ; paralysis and softening of the brain.

PODOPHYLLUM PELTATUM.

(May Apple, Duck's Foot.)

PRINCIPAL USES.—Derangements of the liver, such as inaction ; bilious head-ache ; constipation ; piles ; bilious diarrhœa and acute congestion of the liver. It has a decided action in those affections for which blue pill is commonly given.

PULSATILLA NIGRICANS.

(Pasque Flower, Wind Flower.)

PRINCIPAL USES.—This remedy is especially adapted to females and persons of mild temperament and fair complexion ; indigestion from eating rich or fat food (pastry, &c.), with thickly coated tongue, nausea, and vomiting of bile or mucus ; acidity, heartburn, or mucus diarrhœa ; measles ; chicken pox ; remittent fever ; cold in the head, with thick discharge from the nostrils ; loose cough ; agglutination of

the eyelids ; styas ; deafness after measles ; ear-ache ; rheumatic gout and rheumatism, with wandering pains ; varicose veins ; suppressed or scanty menstruation ; painful menstruation ; leucorrhœa ; and other female disorders.

RHUS TOXICODENDRON.

(Poison Oak.)

PRINCIPAL USES.—Chiefly in rheumatic affections, skin diseases, and sprains of the joints ; acute and chronic rheumatism, worse during rest, at night when warm in bed, or on first moving the parts ; lumbago ; sciatica ; rheumatic paralysis ; vesicular erysipelas ; chicken pox ; erythema (red skin) ; eczema ; ringworm ; scald head ; shingles ; warts ; strains of tendons or ligaments ; typhus fever ; rheumatic scarlatina.

SEPIA SUCCUS.

(Inky Juice of the Cuttle Fish.)

PRINCIPAL USES.—Female irregularities and skin diseases ; ringworm (moist) ; itching pimples, with roughness and cracking of the skin and discharge of a watery humour ; leucorrhœa ; indigestion, constipation, and piles in females.

SILICEA. (*Silex.*)

PRINCIPAL USES.—In unhealthy suppuration, as in glandular swellings, whitlows,

and abscesses of all kinds ; housemaid's knee ; rickets ; scabs on the head and perspiration ; scrofulous ulcers ; foul sweating of the feet and armpits ; diseases of bones and their covering (periosteum).

SPONGIA TOSTA. (*Roasted Sponge.*)

PRINCIPAL USES.—Croup ; croupy cough ; dry, hard, barking cough, worse at night ; hoarseness ; goitrous swellings.

STRYCHNINUM. (*Strychnine.*)

PRINCIPAL USES.—Spasms ; paralysis and various nervous affections ; want of appetite ; weak digestion ; constipation from nervous exhaustion (similar in its action to *Nux Vomica*). Several varieties of this medicine are used.

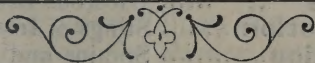
SULPHUR. (*Brimstone.*)

PRINCIPAL USES.—Acts chiefly on the skin, but has an influence on other parts of the body ; itching eruptions, both papular and vesicular, aggravated by warmth ; chronic diseases, such as indigestion, especially in scrofulous subjects, constipation, cough, ulcers, rheumatism ; boils ; whitlows ; itch ; scald head : incontinence of urine ; piles ; scrofulous affections generally ; ophthalmia. It is frequently given to render the system susceptible to the action of other remedies.

VERATRUM ALBUM.

(*White Hellebore.*)

PRINCIPAL USES.—Asiatic cholera ; autumnal diarrhœa ; diarrhœa with griping, and sometimes vomiting ; cramps in the bowels or the calves of the legs and other parts ; headache, with nausea, and vomiting ; black vomit ; cold perspiration and general coldness ; whooping cough, during the convulsive stage ; feeble, irregular action of the heart.



External Preparations and their Uses.

NAME.	USE.
Aconite Liniment...	Neuralgic Affections.
Agaricus Muscarius Liniment.....	Unbroken Chilblains.
Arnica Lotion.....	Sprains, Bruises, and Inflamed Surfaces.
„ Cerate.....	Do. do.
„ Opodeldoc...	To rub into Joints, &c.
Calendula Lotion or Liniment.....	{ Fresh Cuts and Broken Surfaces generally.
„ Cerate.....	Open Wounds, Broken Chilblains, &c.
Cantharis Liniment	Burns and Blistered Surfaces.
Hamamelis Lotion..	Bleeding, Varicose Veins, &c.
„ Cerate.....	Piles, &c.
Hydrastis „	Ulcerous Eruptions.
Ledum Lotion.....	Stings of Insects.
Rhus Lotion.....	Sprains and Rheumatic Swellings.
„ Opodeldoc	Sprains and Rheumatic Swellings, Lumbago, &c. [Ulcers.
Thuya Lotion.....	Obstinate Sores, and
„ Glycerole	Warts, &c.
Veratrum Viride Glycerole.....	Erysipelas, Sore Nipples, &c.

CAUTION.—It is essential that the above External Preparations (as well as the Internal) should be prepared by a Homœopathic Chemist, as those sold by Chemists generally are mostly quite different preparations.

Treatment of Accidents.

A "POCKET ACCIDENT CASE," containing Lint, Bandages, Plaster, Safety-Pins, Ointments, and Lotions, with full directions for use, should be kept ready at hand in case of emergency.

BITES OF CATS, DOGS, RATS, &c.

Having cleansed the bitten part thoroughly with warm water, saturate a piece of lint with *Calendula Liniment* and apply it to the wound. If the animal should be suspected of madness, *Lunar Caustic* should be immediately applied, after sucking the wound.

BLOWS AND BRUISES.

Saturate a piece of linen in a lotion made with the *Tincture of Arnica*; apply it to the injury, and cover it with oiled silk. If promptly applied, it will generally prevent discoloration. If the skin is broken, *Calendula* should be substituted for *Arnica*. Black eyes may be prevented by this treatment.

Should the system be shaken, *Arnica*. A dose every two hours. (For dose, see page 1.)

BLEEDING FROM THE NOSE.

App'y cold water or ice to the forehead,

neck, or back ; raise the arms above the head, and hold them so for a short time. If it continues, saturate a plug of lint with the *Tincture of Hamamelis*, and plug the nostril or nostrils tightly. The patient should be placed in a recumbent posture.

CUTS AND LACERATIONS.

If slight, a cut should be first cleansed if there be any dirt in it, then the edges brought together and strapped with *Arnica* or *Calendula Plaster*.

If severe, elevate the part, and apply lint saturated with *Calendula* lotion or liniment. If a limb has been cut at any part, and blood spurts or rushes rapidly from the wound, tie a handkerchief round the limb some distance above the wound, put a stick under it, and twist it up tighter and tighter until the violent bleeding abates, then send for a surgeon.

BURNS AND SCALDS.

If the injury is slight, hold the affected part to the fire. If severe, the chief thing is to *exclude the air* from the wound, which may be done by covering it with cotton wool saturated with *Cantharis Liniment* or oil ; or thickly powder it with flour, and repeat it when portions fall off. Let the dressing be changed as seldom as possible. If there be feverishness, *Aconitum*.

A dose (page 1) every hour.

FAINTING.

Place the patient on his or her back on the floor; admit plenty of air by opening windows and doors; loosen all tight clothing; sprinkle cold water on the face and hands; apply smelling salts, vinegar, or strong *Tincture of Camphor* to the nostrils, and give a dose of *Camphor* immediately on recovery, whether partial or permanent.

Should the fainting be known to arise from a diseased heart or bleeding, a medical man should be called in early.

FITS OF CHILDREN.

Loosen all clothing, raise the head, admit fresh air, and sprinkle the face with cold water; or, better still, wrap a wet towel round the head. As soon as possible place the child in a warm bath in front of a good fire, still keeping the head cool, and adding hot water occasionally to keep up the temperature of the bath. After five or ten minutes take the child out and place it in a warm blanket.

Belladonna.—A dose every ten minutes for three doses. (For dose, see page 1.)

FRIGHT.

Give a dose of *Aconite*, and watch the patient for a few minutes. If stupor results,

Opium. If convulsive movements, *Ignatia*.
If brain disturbance, *Belladonna*.

A dose every half hour for two or three hours. (For dose, see page 1.)

FOREIGN BODIES IN THE EYE.

Carefully examine the eye by pulling the upper lid forward, and causing the eye to be turned downward, get a bristle or hair from a brush, long enough to form a loop with, and insert that between the eye and eyelid, gently drawing it out; in most cases the foreign bodies, if any, will be enclosed by the loop of the hair. Bathe eye with a lotion of five drops of *Arnica* in a wine-glass of water. If signs of inflammation appear, take two drops of *Aconite* every two hours.

POISONING.

As soon as poisoning is suspected, send for a medical man with all speed. The next thing to be done is to induce vomiting by tickling the throat with a feather, thin straw, or the tip of the finger, or by giving repeated draughts of tepid water if the power of swallowing remains, or by equal parts of salt and mustard mixed with warm water. If there be pain in the abdomen, give large quantities of the white of eggs beaten up in water. If stupor supervene, give brandy diluted with hot water, strong coffee, or Ammonia; dash cold water in the face;

rouse the patient by moving him about continuously ; slap the soles of his feet, and on no account allow him to sleep for several hours.

If the nature of the poison be known, give the following remedies :—

WHEN POISONED BY

Acids—Carbolic.

Olive Oil, about $\frac{1}{4}$ pint in a pint of water ; give milk freely.

Acids—Muriatic (*Spirit of Salt*), **Nitric** (*Aqua fortis*), **Sulphuric** (*Oil of Vitriol*).

Slaked lime, chalk, magnesia, the plaster scraped from a wall, whiting, old mortar, or carbonate of soda ; either of these mixed with water, afterwards mucilaginous drinks.

Acids—Oxalic.

Prepared chalk or whiting, made into a paste with *a little* water.

Acids—Prussic, Oil of Bitter Almonds, Cyanide of Potassium.

First dash the coldest water obtainable over the face and head ; and pour it from a height over the back of the head, neck, and spine ; give ammonia internally.

Arsenic.

An emetic to empty the stomach (1 drachm of sulphate of zinc dissolved in water, or soapsuds), or tickling the throat with a feather, thin straw, or the tip of the finger. White of eggs beaten up with water to mitigate the effects of the poison. If vomiting

is already severe, give *cold* milk instead of an emetic.

Aconite (*Monk's Hood*), **Belladonna** (*Deadly Nightshade*), **Camphor**, **Cantharides** (*Spanish Fly*), **Colchicum** (*Meadow Saffron*), **Conium** (*Hemlock*), **Digitalis** (*Foxglove*), **Henbane**, and most other **poisonous plants**, **Poisonous Fungi** (*mistaken for Mushrooms*).

An emetic (salt and mustard mixed with warm water) to empty the stomach, castor oil to clear the bowels. Afterwards give a quantity of strong coffee without sugar or milk.

In the case of *Digitalis*, keep the patient in a *recumbent posture*.

Corrosive Sublimate, **Copper or Verdigris**, **Blue Stone** (*Blue Vitriol*).

White of eggs beaten up in water, or a thin paste of flour and water. Milk may be given in the absence of these.

Laudanum (*Opium*), **Paregoric**, or **Soothing Syrup**.

An emetic of mustard and water; afterwards strong coffee without sugar or milk. Rouse the patient in the manner described in the general direction, p. 48. When the poison has been entirely removed from the stomach, vinegar and water, or lemon juice, may be given every ten minutes to counteract drowsiness.

Nitrate of Silver (*Lunar Caustic*).

An emetic of salt and water.

Phosphorus, Phosphor Paste, &c.

A speedy emetic, followed immediately by magnesia in linseed tea, milk, or other bland fluid. No oil of any kind must be given.

Strychnia, Nux Vomica, or Ignatia.

Before the "spasms" set in, an emetic of mustard and water. Large quantities of powdered charcoal suspended in water must be promptly given. After the spasms have commenced, hold chloroform to the nostrils for a few minutes, but of all things secure the attendance of a medical man at once.

SCRATCHES WHICH BECOME INFLAMED.

Apply a bread poultice with a few drops of *Tincture of Calendula* on its surface, and afterwards lint saturated with *Calendula Liniment*, and covered with oiled silk. *Hepar*, a dose night and morning. (*For dose, see p. 1.*)

SPRAINS AND STRAINS.

Saturate a piece of lint in a lotion made with *Rhus Tox.* tincture, apply it to the sprain, and cover it with oiled silk. Give the part perfect rest.

Rhus Opodeldoc may be rubbed into the part night and morning when it is inconvenient to use the above means.

If the muscular fibres are alone implicated, *Arnica* should be substituted for *Rhus*.

STINGS OF INSECTS.

Remove the sting, if left in, by means of the finger and thumb, or a pair of forceps; suck the wound forcibly, and apply a lotion of *Ledum palustre*; or if there be much pain, hot fomentations should be first used. A dose of *Ledum* should also be given internally. (*For dose, see p. I.*)

SUDDEN EMOTIONS.

For the effects of anger or vexation—*Chamomilla*. A dose every two hours. When grief is the disturbing cause—*Ignatia*. A dose every two hours. (*For dose, see p. I.*)

SUNSTROKE.

Remove the patient at once to a cool place, free from draught, and send for a medical man.

If there are no convulsions, strip him, place him in an empty bath, pour cold water over the neck and shoulders, apply *Camphor* to the nostrils, or give a dose internally. If this is not at hand, small doses of brandy and water may be given.

If convulsions occur, use a tepid bath, adding cold water or ice till the heat of the body is diminished to a normal temperature. Afterwards, in both cases, give *Aconite*, a dose every ten minutes for a few doses, then *Glonoine*, a dose every three hours. (*For dose, see p. I.*)

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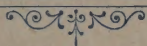
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